

DEPARTMENT OF PHYSIOTHERAPY

L.T.M.M.COLLEGE & L.T.M.G.HOSPITAL, SION, MUMBAI – 22.

Second BPTTh (2012) 2025 - 2026

Academic Calendar

Sr. No.	Time Frame	Academic Activities	Others
1.	February 2025	Orientation programme held Clinical Postings	Anti Ragging form Submission
2.	March 2025	Regular Lecture and Practical Schedules Psychiatry Posting one Week	
3	April 2025	Clinical Postings Regular Lecture and Practical Schedules	
4	May 2025	Clinical Postings Regular Lecture and Practical Schedules MUHS Winter Vacation for 10 Days	
5	June 2025	Clinical Postings Regular Lecture and Practical Schedules	
6	July 2025	Clinical Postings Regular Lecture and Practical Schedules	
7	August 2025	Terminal Theory And Practical Exams Regular Lecture and Practical Schedules	
8	September 2025	Clinical Posting Regular Lecture and Practical Schedules	
9	October 2025	Clinical Posting Regular Lecture and Practical Schedules	
10	November 2025	Clinical Posting Regular Lecture and Practical Schedules Prelim Theory and Practical Exams	
11	December 2024	Clinical Postings Internal Assessment	
12	January 2025	MUHS Exam For II - BPTTh	

R.V.Naik

Prof. (Mrs.) Rajashree V. Naik
Professor & Head

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Academic Calendar

Sr. No.	Time Frame	Academic Activities	Others
1.	July 2024	Orientation programme held Clinical Postings	Anti Ragging form Submission
2.	August 2024	Regular Lecture and Practical Schedules Psychiatry Posting one Week	
3	September 2024	Clinical Postings Regular Lecture and Practical Schedules	
4	October 2024	Clinical Postings Regular Lecture and Practical Schedules MUHS Winter Vacation for 10 Days	
5	November 2024	Clinical Postings Regular Lecture and Practical Schedules	
6	December 2024	Clinical Postings Regular Lecture and Practical Schedules	
7	January 2025	Regular Lecture and Practical Schedules	
8	February 2025	Clinical Posting Regular Lecture and Practical Schedules Terminal Theory And Practical Exams	
9	March 2025	Clinical Posting Regular Lecture and Practical Schedules	
10	April 2025	Clinical Posting Regular Lecture and Practical Schedules Prelim Theory and Practical Exams	
11	May 2025	Clinical Postings	
12	June 2025	MUHS Exam For II - BPTth	

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WEEKLY TIME TABLE

2024 - 2025

Second Year BPTH (A.Y - 2025-2026)

Time Slot	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
08:30 am to 09:30 am	Clinical Posting	Psychology	Clinical Posting	Clinical Posting	Clinical Posting	Clinical Posting
09:30a to 10:30am		Clinical Posting	Psychiatry			
10.30am to 11:30am	Pathology	Pharmacology	Pharmacology	Microbiology	Pathology	Clinical Posting
11:30am to 12:30pm	Pathology	Pharmacology	Pharmacology	Microbiology	Pathology	
12:30pm to 01:30pm	Lunch					
01:30pm to 02:30pm	Kinesiother apy Lecture	Kinesiotherapy Practical	Electrotherapy Practical	Electrotherapy Lecture	Kinesiology Lecture	
02:30pm to 03:30pm	Kinesiother apy Lecture			Electrotherapy Lecture	Electrotherapy Lecture	

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Electrotherapy

Theory Portion – TERM I

Sr. No.	Topic	Teacher Name
1	Low Frequency Currents – Galvanic, Faradic	Dr. Esther Katarnawre
2	Actinotherapy I – UVR	Dr. Esther Katarnawre
3	Actinotherapy I – IR	Dr. Esther Katarnawre
4	Low Frequency Currents – Strength Duration Curve (SDC)	Dr. Vishakha Patil
5	High Frequency Currents - SWD	Dr. Esther Katarnawre

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Electrotherapy Practical

Theory Portion – TERM II

Sr. No.	Topic	Teacher Name
1	Ultrasound	Dr. Vishakha Patil
2	Low Frequency Currents – TENS	Dr. Vishakha Patil
3	Medium Frequency Currents – IFT	Dr. Vishakha Patil
4	Low Frequency Currents – Iontophoresis	Dr. Esther Katarnawre
5	Seminar on Wound Care	

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Electrotherapy

Practical Portion – TERM I

Sr. No.	Topic	Teacher Name
1	Faradism Under Pressure – Lower Limb	Dr. Esther Katarnawre
2	Faradism Under Pressure – Upper Limb	Dr. Esther Katarnawre
3	Ultraviolet Radiation (UVR)	Dr. Esther Katarnawre
4	Infra Red Radiation (IIR)	Dr. Esther Katarnawre
5	Shortwave Diathermy (SWD) – Knee and Shoulder	Dr. Esther Katarnawre
6	Shortwave Diathermy (SWD) – Back and Neck	Dr. Esther Katarnawre
7	Motor Point / Strength Duration Curve – Ulnar Nerve	Dr. Vishakha Patil
8	Motor Point / Strength Duration Curve – Median Nerve	Dr. Vishakha Patil
9	Motor Point / Strength Duration Curve – Radial Nerve	Dr. Vishakha Patil

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Electrotherapy Practical

Practical Portion – TERM II

Sr. No.	Topic	Teacher Name
1	Intophoresis	Dr. Esther Katarnawre
2	Motor Point / Strength Duration Curve – Axillary Nerve	Dr. Vishakha Patil
3	Motor Point / Strength Duration Curve – Musculocutaneous Nerve	Dr. Vishakha Patil
4	Motor Point / Strength Duration Curve – Facial Nerve	Dr. Vishakha Patil
5	Motor Point / Strength Duration Curve – Sciatic Nerve	Dr. Vishakha Patil
6	Motor Point / Strength Duration Curve – Tibial Nerve	Dr. Vishakha Patil
7	Motor Point / Strength Duration Curve – Common Peroneal Nerve	Dr. Vishakha Patil
8	Trans Cutaneous Elctrical Stimulation (TENS)	Dr. Vishakha Patil
9	Ultrasound	Dr. Vishakha Patil
10	Interferential Therapy	Dr. Vishakha Patil

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Kinesiotherapy

Theory Portion – TERM I

Sr. No.	Topic	Teacher Name
1	Biophysics of Soft Tissues & Stretching - Principles	Prof. Rajashree Naik
2	Biophysics of Soft Tissues & Stretching - Stretching	Prof. Rajashree Naik
3	Biophysics of Soft Tissues & Stretching - Joint Mobility	Dr. Sachin Etam
4	Biophysics of Soft Tissues & Stretching - Manual Muscle Testing and Assessment	Prof. Rajashree Naik
5	Posture	Dr. Sachin Etam
6	Bronchial Hygiene – Part – I	Dr. Pratibha Gaikwad
7	Motor Control, Postural Control & Balance	Dr. Sachin Etam
8	Functional Re- education	Dr. Sachin Etam
9	Muscle Strengthening	Dr. Pratibha Gaikwad
10	Hydrotherapy	Dr. Sachin Etam

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Kinesiotherapy

Theory Portion – TERM II

Sr. No.	Topic	Teacher Name
1	Home Program	Dr. Sachin Etam
2	Neuro – Muscular Co-ordination & Balance	Dr. Sachin Etam
3	Gait	Prof. Rajashree Naik
4	Walking Aids	Dr. Sachin Etam
5	Bronchial Hygiene – Part - II	Dr. Pratibha Gaikwad

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Kinesiology

Theory Portion – TERM I

Sr. No.	Topic	Teacher Name
1	Introduction to Biomechanics a) Muscle Biomechanics	Prof. Rajashree Naik
2	Introduction to Biomechanics b) Joint Biomechanics	Prof. Rajashree Naik
3	Regional Kinesiology - Thorax	Dr. Pratibha Gaikwad
4	Regional Kinesiology – Shoulder Complex	Dr. Sachin Etam
5	Regional Kinesiology – Elbow	Prof. Rajashree Naik
6	Regional Kinesiology – Hip Joint	Dr. Esther Katarnawre
7	Regional Kinesiology – Temporomandibular Joint	Dr. Sachin Etam

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Kinesiotherapy

Theory Portion – TERM II

Sr. No.	Topic	Teacher Name
1	Regional Kinesiology – Vertebral Column	Prof. Rajashree Naik
2	Regional Kinesiology – Wrist and Hand	Dr. Vishakha Patil
3	Regional Kinesiology – Knee Complex	Dr. Sachin Etam
4	Regional Kinesiology – Ankle Foot Complex	Dr. Pratibha Gaikwad
5	Biomechanics of Gait	Prof. Rajashree Naik
6	Seminar on Activities of Daily Living (ADL)	All teachers

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