

DEPARTMENT OF PHYSIOTHERAPY

L.T.M.M.COLLEGE & L.T.M.G.HOSPITAL, SION, MUMBAI – 22.

Third BPTTh (2012) 2025 - 2026

Academic Calendar

Sr. No.	Time Frame	Academic Activities	Others
1.	February 2025	Orientation Programme Clinical Postings	Anti Ragging form Submission
2.	March 2025	Regular Lecture and Practical Schedules Clinical Postings	
3	April 2025	Clinical Postings Regular Lecture and Practical Schedules	
4	May 2025	Clinical Postings Regular Lecture and Practical Schedules MUHS Summer Vacation for 15 Days	Trinity – Students Conference
5	June 2025	Clinical Postings Regular Lecture and Practical Schedules	
6	July 2025	Clinical Postings Regular Lecture and Practical Schedules Terminal Theory And Practical Exams	
7	August 2025	Regular Lecture and Practical Schedules	
8	September 2025	Clinical Posting Regular Lecture and Practical Schedules	
9	October 2025	Clinical Posting Regular Lecture and Practical Schedules MUHS Winter vacation 10 days	
10	November 2025	Clinical Posting Regular Lecture and Practical Schedules	
11	December 2024	Clinical Postings Prelim Theory and Practical Exams	
12	January 2025	MUHS Exam	

R.V.Naik

Prof. (Mrs.) Rajashree V. Naik
Professor & Head

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WEEKLY TIME TABLE

Third Year BPTH 2025 - 2026

Time Slot	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
08:30 am to 09:30 am	CVTS FDPS Practical	Ortho	CVTS FDPS Practical	CVTS FDPS Practical	CVTS FDPS Practical	FDPS Lecture
09:30a to 10:30am	CLINICAL POSTING					
10.30am to 11:30am	Clinical Posting	Clinical Posting	Plastic Surgery Lecture	Clinical Posting	Clinical Posting	Clinical Posting
11:30am to 12:30pm		Dermatology Lecture	Clinical Posting	Dermatology Lecture		
12:30pm to 01:30pm	General Surgery	OBG/Gynaec		General Surgery	OBG/Gynaec	
01:30pm to 02:30pm	Neuro Medicine / CVRM General Medicine	Community Medicine & Sociology FDPS Practical	FDPS Lecture / Practical	Neuro Medicine / CVRM / General Medicine	Community Medicine & Sociology FDPS Practical	
02:30pm to 03:30pm		Community Medicine & Sociology FDPS Practical	FDPS Lecture / Practical	Pediatrics Medicine	Community Medicine & Sociology FDPS Practical	

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Clinical Posting Schedule

Sr. No.	Postings	Term
1	Internal Posting (OPD / Ortho wards/ Cardio Respi)	Term I/II
2	Pediatrics	Term II
3	Internal Posting (OPD / Ortho wards/ Cardio Respi)	Term I/II
4	Surgery - I	Term I
5	OBGY	Term I
6	Internal Posting (OPD / Ortho wards/ Cardio Respi)	Term I/II
7	Medicine - I / II(Neurology)	Term II
8	Internal Posting (OPD / Ortho wards/ Cardio Respi)	Term I/II
9	Surgery - II (Orthopaedics)	Term I
10	Internal Posting (OPD / Ortho wards/ Cardio Respi)	Term I/II

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FDPS

Theory Portion – TERM – I

Sr. No.	Topic	Teacher Name
1	ICF Seminar	
2	General Principles of Human Development & Maturation	Dr. Esther Katarnawre
3	Electro Diagnosis - Nerve Conduction Studies	Dr. Vishakha Patil
4	Basics in Neuro Therapeutic Skills – Roods Approach - PNF	Dr. Esther Katarnawre
5	Assessment of Musculoskeletal System	Prof. Rajashree Naik Dr. Vishakha Patil Dr. Sachin Etam
6	Assessment of Joint with Special Test System	Prof. Rajashree Naik Dr. Vishakha Patil Dr.Sachin Etam
7	Electro Diagnosis - Electromyography - H Reflex & F Wave	Dr. Vishakha Patil
8	Basic Principles of Mobilisation Skills for Joints and Soft Tissues - Muscle Energy Techniques	Dr. Sachin Etam
9	Basic Principles of Mobilisation Skills for Joints and Soft Tissues - Maitland's manual therapy	Prof. Rajashree Naik

	Concept	
10	Exercise Tolerance Test (ETT) - 6 Minutes Walk Test	Dr. Pratibha Gaikwad
11	Examination of Musculoskeletal Dysfunction - Assessment of Pain	Prof. Rajashree Naik
12	Neurodynamics	Dr. Sachin Etam
13	Assessment of Cardiovascular and Pulmonary System - PFT - ABG - X-ray	Dr. Pratibha Gaikwad

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FDPS

Theory Portion – TERM – II

Sr. No.	Topic	Teacher Name
1	Basic Principles of Mobilisation Skills for Joints and Soft Tissues - Kaltenborn Manual Therapy Concept	Dr. Vishakha Patil
2	Basics in Neuro Therapeutic Skills - Bobath - Brunnstorm	Dr. Esther Katarnawre
3	Assessment of Cardiovascular and Pulmonary System ECG – Normal and Abnormal	Dr. Pratibha Gaikwad
4	Assessment of Fitness and Obesity	Dr. Pratibha Gaikwad
5	Basic Principles of Mobilisation – Skills for Joints and Soft Tissues - Mulligan Manual therapy Concept	Dr. Sachin Etam
6	Basic Principles of Mobilisation Skills for Joints and Soft Tissues - Myofascial Release Technique	Dr.Sachin Etam
7	Basic Principles of Mobilisation Skills for Joints and Soft Tissues - McKenzie's Manual therapy Concept	Prof. Rajashree Naik

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Practical Portion – TERM – I

Sr. No.	Topic	Teacher Name
1	Strength Duration Curve	Dr. Vishakha Patil
2	Faradic & Galvanic Testing	Dr. Vishakha Patil
3	Proprioceptive Neuromuscular Facilitation	Dr. Esther Katarnawre
4	Neural Tissue Tension Tests – Lower Limb	Dr.Sachin Etam
5	Neural Tissue Tension Tests – Upper Limb	Dr.Sachin Etam
6	Maitland – Glenohumeral, Radiocarpal, Radioulnar, Humeroulnar	Prof. Rajashree Naik
7	Maitland – Subtalar & Ankle Joint	Prof. Rajashree Naik
8	Maitland – Acromioclavicular Joint	Prof. Rajashree Naik
9	6 Minute Walk Test	Dr. Pratibha Gaikwad
10	Maitland – Sternoclavicular Joint	Prof. Rajashree Naik

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FDPS

Practical Portion – TERM – II

Sr. No.	Topic	Teacher Name
1	Kalterborn – Shoulder	Dr. Vishakha Patil
2	Kalterborn – Shoulder	Dr. Vishakha Patil
3	Maitland - Hip	Prof. Rajashree Naik
4	Maitland - Knee	Prof. Rajashree Naik
5	Kalterborn – Hip	Dr. Vishakha Patil
6	Kalterborn – Knee	Dr. Vishakha Patil
7	MET	Dr. Sachin Etam
8	Kalterborn – Wrist & Hand	Dr. Vishakha Patil
9	Rood's	Dr. Esther Katarnawre
10	Bobath and Brunnstorm	Dr. Esther Katarnawre

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