

30/12/25

**DEPARTMENT OF PHYSIOTHERAPY**  
**L.T.M.M.COLLEGE & L.T.M.G.HOSPITAL, SION, MUMBAI – 22.**  
**First BPTH CBPE Dec 2025-2026**  
**Academic Calendar**

Sr. No.	Time Frame	Academic Activities	Others
1.	Dec 2025	Clinical Posting - 01/12/2025 Biochemistry – 16/12/2025 Physiology - 18/12/2025 Anatomy Academic Schedule - 22/12/2025	Anti- Ragging form submission (Jan – Feb)
2	Jan 2026	Regular Lecture and Practical Schedules	Haemogram Report Submission (Jan – Feb)
3	Feb 2026	Regular Lecture and Practical Schedules	
4	Mar 2026	Regular Lecture and Practical Schedules	Trinity
5	March 2026	Formative Exam I	
6	April 2026	Regular Lecture and Practical Schedules	
7	April 2026	Terminal Exam Anatomy and Physiology, Biochemistry Practice exam	
8	May 2026	Regular Lecture and Practical Schedules	
9	June 2026	Formative Exam II	
10	June 2026	Regular Lecture and Practical Schedules	
11	July 2026	Regular Lecture and Practical Schedules	
12	Aug 2026	Regular Lecture and Practical Schedules	
14	Sep 2026	Formative Exam III	
15	Oct - Nov 2026	Prelim Exam-Internal Assessment	
16	Dec 2026	MUHS final Exam	

DEAN-Dr.Pramod Ingale

Batch Incharge-Dr.Sachin Etam.

Anatomy Incharge-Dr.Pritee

Physiology Incharge-Dr.Vrunda

Biochemistry Incharge-Dr.Pooja

*P.A. Gaikwad*

HOD Physiotherapy-Dr. Pratibha Gaikwad

HOD Anatomy-

HOD Physiology-

HOD-Biochemistry

**Dr. Pratibha Anil Gaikwad (PT)**  
 Professor (Additional) and Incharge  
 Physiotherapy Department, L.T.M.M.C. & G.H.  
 Sion, Mumbai - 400 022.

30/12/25

Physiotherapy Teaching & Treatment Centre  
L.T.M.M.C. & L.T.M.G.H. Sion, Mumbai - 22

Physiotherapy I

Electrotherapy

Formative I

Theory Topic	%		Practical Topic	%
Medical Electronics	10		Superficial Thermal Agents	41
Superficial Thermal Agents	22			
Total	32		Total	41

Formative II

Low Frequency	13		Low Frequency	14
High Frequency	22		High Frequency	20
Total	35		Total	34

Formative III

Medium Frequency	5		Medium Frequency	7
Actino therapy	14		Actino therapy	11
Pain	5		Biofeedback	4
Biofeedback	5			
Total	29		Total	35

*P. Gaikwad*  
**Dr. Pratibha Anil Gaikwad (PT)**  
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 Sion, Mumbai - 400 022.

30/12/21

Physiotherapy Teaching & Treatment Centre  
L.T.M.M.C. & L.T.M.G.H. Sion, Mumbai - 22  
Physiotherapy II Kinesiotherapy

Formative I

Theory Topic	%		Practical Topic	%
Classification of Movements	11		Classification of Movements	17
Joint Mobility	11		Joint Mobility	10
Basic Evaluation of Vital Parameter	7		Basic Evaluation of Vital Parameter	5
Total	29		Total	32

Formative II

Goniometry	11		Goniometry	25
Therapeutic soft Tissue Manipulation	8		Therapeutic soft Tissue Manipulation	5
Relaxation	5			
Aerobic conditioning	5			
Total	29		Total	30

Formative III

Therapeutic Gymnasium	27		Therapeutic Gymnasium	10
Sensation and Reflexes	5		Sensation and Reflexes	3
Yoga	5		Aerobic conditioning	3
			Yoga	14
			Relaxation	5
Total	37		Total	35

PA Gaikwad

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30/11/25

Physiotherapy Teaching & Treatment Centre  
L.T.M.M.C. & L.T.M.G.H. Sion, Mumbai – 22  
Kinesiology and Movement Science-I

Formative I

Theory Topic	%		Practical Topic	%
Mechanics and Basic biomechanics	30			
Total	30		Total	NIL

Formative II

Muscle Biomechanics	15			
Joint Biomechanics	15			
Total	30		Total	NIL

Formative III

Starting and Derived Position	15		Starting and Derived Position	35
Shoulder	5			
Hip	5			
Mechanics and Biomechanics	15			
Total	40		Total	35

PA Gaikwad

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30/12/15

Physiotherapy Teaching & Treatment Centre  
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Physiotherapy I Electrotherapy

Formative I

Theory Topic	%		Practical Topic	%
Medical Electronics	10		Superficial Thermal Agents	41
Superficial Thermal Agents	22			
Total	32		Total	41

Formative II

Low Frequency	13		Low Frequency	14
High Frequency	22		High Frequency	20
Total	35		Total	34

Formative III

Medium Frequency	5		Medium Frequency	7
Actino therapy	14		Actino therapy	11
Pain	5		Biofeedback	4
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Sion, Mumbai - 400 022.

**DEPARTMENT OF BIOCHEMISTRY**  
**L.T.M. Medical College Sion, Mumbai 400022**  
**OTPT 2025-26 Batch, admitted in 2025.**

**Date- 06/12/2025**

TEACHING PROGRAM	
DURATION	15 <sup>th</sup> December 2025 to 9 <sup>th</sup> April 2026
TIME	9.30 am to 10.30 am
DAYS	Tuesday, Thursday, Saturday

Sr. no.	Date	Day	Topic	Teacher
01	16/12/25	Tuesday	Introduction	Dr. Pooja Rai
02	18/12/25	Thursday	Chemistry of Carbohydrate	Dr. Rushikesh
03	20/12/25	Saturday	Enzymes – 1	Dr. Niraj Yadav
04	23/12/25	Tuesday	Enzymes – 2	Dr. Niraj Yadav
05	27/12/25	Saturday	Enzymes – 3	Dr. Niraj Yadav
06	30/12/25	Tuesday	Enzymes – 4	Dr. Niraj Yadav
07	01/01/26	Thursday	Metabolism of Carbohydrate – 1	Dr. Subarna
08	03/01/26	Saturday	Metabolism of Carbohydrate – 2	Dr. Subarna
09	06/01/26	Tuesday	Metabolism of Carbohydrate – 3	Dr. Subarna
10	08/01/26	Thursday	Metabolism of Carbohydrate – 4	Dr. Nandan
11	10/01/26	Saturday	Metabolism of Carbohydrate – 5	Dr. Nandan
12	13/01/26	Tuesday	Metabolism of Carbohydrate - 6	Dr. Nandan
13	15/01/26	Thursday	Chemistry of Protein	Dr. Gauri
14	17/01/26	Saturday	Metabolism of Protein - 1 (With specialized products)	Dr. Megha
15	20/01/26	Tuesday	Metabolism of Protein – 2	Dr. Megha
16	22/01/26	Thursday	Metabolism of Protein – 3	Dr. Megha
17	24/01/26	Saturday	Vitamins (Fat soluble) – 1	Dr. Sarvabhavi
18	27/01/26	Tuesday	Vitamins (Fat soluble) – 2	Dr. Sarvabhavi
19	29/01/26	Thursday	Vitamin (Water soluble) – 3	Dr. Sarvabhavi

*PA Gaikwad*

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 Sion, Mumbai - 400 022.

20	31/01/26	Saturday	Vitamin (Water soluble) – 4	Dr. Sarvabhavi .
21	03/02/26	Tuesday	Vitamin (Water soluble) – 5	Dr. Sarvabhavi
22	05/02/26	Thursday	Minerals – 1	Dr. Neelima
23	07/02/26	Saturday	Minerals – 2	Dr. Neelima
24	10/02/26	Tuesday	Minerals – 3	Dr. Neelima
25	12/02/26	Thursday	Mechanism of Hormone Action	Dr. Nandan
26	14/02/26	Saturday	Nutrition – 1	Dr. Shivani
27	17/02/26	Tuesday	Nutrition – 2	Dr. Shivani
28	21/02/26	Saturday	Clinical Biochemistry (LFT)	Dr. Pratham
29	24/02/26	Tuesday	RFT	Dr. Rohini
30	26/02/26	Thursday	Lipid Chemistry – 1	Dr. Neeta
31	28/02/26	Saturday	Lipid Chemistry – 2	Dr. Gauri
32	05/03/26	Thursday	Lipid Metabolism – 1	Dr. Manoj Lokhande
33	07/03/26	Saturday	Lipid Metabolism – 2	Dr. Manoj Lokhande
34	10/03/26	Tuesday	Lipid Metabolism – 3	Dr. Manoj Lokhande
35	12/03/26	Thursday	Muscle Contraction – 1	Dr. Neelima
36	14/03/26	Saturday	Muscle contraction – 2	Dr. Neelima
37	17/03/26	Tuesday	Nucleic Acid Chemistry	Dr. Pamela
38	24/03/26	Tuesday	Connective Tissue	Dr. Subarna
39	28/03/26	Saturday	Starvation – 1	Dr. Shivani
40	02/04/26	Thursday	Starvation – 2	Dr. Shivani
41	04/04/26	Saturday	Diabetes Mellitus	Dr. Rushikesh
42	07/04/26	Tuesday	Cardiac Markers	Dr. Neeta
43	09/04/26	Thursday	Uric Acid and Gout	Dr. Gauri

*Dr. Gauri*  
6/12/25  
Teacher Incharge

*Dr. Gauri*  
6/12/25  
Professor and Head  
Department of Biochemistry

Professor & Head,  
Department Of Biochemistry  
L.T.M. Medical College &  
L.T.M. Gen. Hospital,  
Slon, Mumbai-400 022

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**DEPARTMENT OF PHYSIOTHERAPY**  
**L.T.M.M.COLLEGE & L.T.M.G.HOSPITAL, SION, MUMBAI – 22.**  
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Anatomy Incharge-Dr.Pritee

Physiology Incharge-Dr.Vrunda

Biochemistry Incharge-Dr.Pooja

HOD Physiotherapy-Dr.Pratibha Gaikwad

HOD Anatomy-

HOD Physiology-

HOD-Biochemistry

**DEPARTMENT OF PHYSIOLOGY**  
**OTPT LECTURE AND PRACTICAL TIMETABLE SCHEDULE**  
**JANUARY - 2026**

Sr. No.	Date	Day	Lecture 10.45 am to 11.45 am	Lecture 11.45 am to 12.45 pm	Practical 11.45 am to 12.45 pm
1.	01/01/2026	Thursday	DR. SP - 2 (General Physiology)	DR. SP - 3 (General Physiology)	
2.	03/01/2026	Saturday	DR. SP - 4 (General Physiology)	Practical Hematology - 2, DLC, Hb, Blood grouping, BTCT DR. KK	
3.	06/01/2026	Tuesday	DR. VH - 4 (Blood)	DR. LP - 1 (MUSCLE PHYSIOLOGY)	
4.	08/01/2026	Thursday	DR. VH - 5 (Blood)	DR. LP - 2 (MUSCLE PHYSIOLOGY)	
5.	10/01/2026	Saturday	DR. VH - 6 (Blood)	DR. LP - 3 (MUSCLE PHYSIOLOGY)	
6.	13/01/2026	Tuesday	DR. VH - 7 (Blood)	DR. LP - 4 (MUSCLE PHYSIOLOGY)	
7.	15/01/2026	Thursday	<b>ELECTION HOLIDAY</b>		
8.	17/01/2026	Saturday	DR. VH - 8 (Blood)	DR. LP - 5 (MUSCLE PHYSIOLOGY)	
9.	19/01/2026 TO 24/01/2026	Monday to Saturday	<b>HOLIDAY for 1<sup>st</sup> MBBS IA EXAM</b>		
10.	27/01/2026	Tuesday	DR. LP - 6 (MUSCLE PHYSIOLOGY)	DR. NB - 1 (ANS)	
11.	29/01/2026	Thursday	DR. LP - 7 (MUSCLE PHYSIOLOGY)	DR. NB - 2 (ANS)	
12.	31/01/2026	Saturday	DR. LP - 8 (MUSCLE PHYSIOLOGY)	Practical Examination of Pulse DR. NS	

Dr. NI - Dr. Neela Iyer    Dr. SP - Dr. Seema Pawar    Dr. LP - Dr. Laxmi Patel    Dr. VH - Dr. Vedshree Hegde  
 Dr. NK - Dr. Nida Khan    Dr. NS - Dr. Navya Shah    Dr. KK - Dr. Krushna Khasawat

*Madh*  
 Dr. Ameet Fadia  
 Professor & Head,  
 Dept. of Physiology

प्राध्यापक व विभाग प्रमुख  
 शरीरक्रियाशास्त्र विभाग  
 जे. ए. ए. महाविद्यालय  
 सिव, मुंबई-४०० ०२२

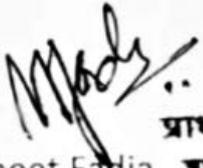
## OTPT Lecture and practical Time Table month December 2025

Date	Day	Lecture (10:45am to 11:45am)	Lecture (11:45 am to 12:45 pm)	Practical (11:45 am to 12:45 pm)
18/12/2025	Thursday	General Physiology-1 Dr. SP		Blood 1 Dr. VH
20/12/2025	Saturday	General Physiology-2 Dr. SP		Hematology 1 (Instrument) Microscope, Hb, RBC, WBC, Neubauer's Chamber Dr. NK
23/12/2025	Tuesday	General Physiology-3 Dr. SP		Blood 2 Dr. VH
25/12/2025	Thursday	<b>Christmas Holiday</b>		
27/12/2025	Saturday	Nerve-1 Dr. NI		Hematology 2 DLC, Blood Grouping Dr. KK
30/12/2025	Tuesday	Nerve-2 Dr. NI		Blood 3 Dr. VH

Dr. NI. Dr. Neela Iyer  
Dr. NK. Dr. Nida Khan

Dr. SP. Dr. Seema Pawar  
Dr. KK. Dr. Krishna Khasawat

Dr. VH. Dr. Vedashree Hegde



Dr. Ameet Fadia  
Professor and Head  
Department of Physiology  
LTMMC & GH Sion

प्राध्यापक व विभाग प्रमुख  
शरीरक्रियाशास्त्र विभाग  
डॉ. टि. म. वै. महाविद्यालय  
जिव. मुंबई-४०० ०२२

**DEPARTMENT OF ANATOMY, L.T.M.M.C. & G.H., SION.**  
**FIRST B.P.TH/B.O.TH Batch 2025-26, Teaching Programme**  
**Upper limb**

Date, Day:		Topic	Teacher
<b>22/12/2025, Monday</b>			Dr. SSD
9.30 – 10.30	Lecture (T)	Introduction of Anatomy	Dr. RAB
10.30-11.30		Connective tissue and cartilage	Dr. TBH
11.30 -12.30		Bone	
<b>24/12/2025, Wednesday</b>			Dr. EAS
9.30 – 10.30	Lecture (T)	Muscles General anatomy	HO1
10.30-11.30		Pectoral region	HO2
11.30 -12.30		Clavicle	
<b>26/12/2025, Friday</b>			HO 3,HO 4
9.30 to 10.30	Practical	Soft part Pectoral region & Clavicle	
<b>29/12/2025, Monday</b>			Dr. TBH
9.30 – 10.30	Lecture (T)	Blood vessels General anatomy	Dr. EAS
10.30-11.30		Joints General anatomy	HO1
11.30 -12.30	Practical	Scapula	
<b>31/12/2025, Wednesday</b>			Dr. TBH
9.30 – 10.30	Lecture (T)	Mammary gland	Dr. RAB
10.30-11.30		Axilla	HO2
11.30 -12.30		Humerus	
<b>02/01/2026, Friday</b>			Dr. EAS
9.30 – 10.30	Lecture (T)	Brachial Plexus	
10.30-11.30	Practical	BONES( clavicle ,scapula) ,Pectoral region -Nerves and	HO 3,HO 4
11.30 -12.30		Muscles with vessels.	
<b>05/01/2026, Monday</b>			
9.30 – 10.30	Lecture (T)	Shoulder joint & Girdle	HO 1
10.30-11.30		Muscles of front of Arm	HO 2
11.30 -12.30		Radius	HO 3
<b>07/01/2026, Wednesday</b>			
9.30 – 10.30	Lecture (T)	Muscles of back of Arm	Dr. RAB
10.30-11.30		Axillary, Musculocutaneous Nerve, Brachial Artery	Dr. TBH
11.30 -12.30		Ulna	HO1
<b>09/01/2026, Friday</b>			
9.30 – 10.30	Lecture (T)	Cubital Fossa, Elbow Joint	Dr. EAS
10.30-11.30		Muscles of Forearm	Dr. TBH
11.30 -12.30		Nerves & Vessels of Forearm	Dr. SSD
<b>12/01/2026, Monday</b>			
9.30 – 10.30	Practical	BONES( humerus,radius, ulna) ,Nerves and Muscles with	HO 1, HO 2
10.30-11.30			
11.30 -12.30			

Prof & HOD *MAMahendrakar*  
 Dept. of Anatomy, *18/12/2025*  
 LTMMC & GH, *for HOD*  
 Sion, Mumbai -22  
**PROFESSOR & HEAD**  
**DEPT. OF ANATOMY**  
 L T M M C S I O N

**DEPARTMENT OF ANATOMY, L.T.M.M.C. & G.H., SION.  
FIRST B.P.TH/B.O.TH Batch 2025-2026, Teaching Programme  
Upper limb**

Date, Day:		Topic	Teacher
<b>14/01/2026, Wednesday</b>			
9.30 – 10.30	Lecture (T)	Ulnar Nerve	Dr. RAB
10.30-11.30		Radio Ulnar Joints	HO3
11.30 -12.30		Wrist joint & Articulated hand	HO4
<b>16/01/2026, Friday</b>			
9.30 – 10.30	Practical	Median Nerve	Dr.EAS
10.30-11.30		BONES (radius and ulna),Nerves and Muscles with vessels of forearm	HO 1
11.30 -12.30			HO 2
<b>19/01/2026, Monday</b>			
9.30 – 10.30	Lecture (T)	Carpal Tunnel and Carpo-metacarpal Joint (FIRST)	HO 3
10.30-11.30		REVISION -: Bones & Soft parts of Supex	HO1
11.30 -12.30			
<b>21/01/2026, Wednesday</b>			
9.30 – 10.30	Lecture (T)	Radiology and Living Anatomy	Dr. EAS
10.30-11.30		REVISION -: Bones & Soft parts of Supex	HO2
11.30 -12.30			
<b>23/01/2026, Friday</b>			
9.30 – 10.30	Practical	Revision-:Bones & Soft parts of Supex	HO1, HO2
10.30-11.30			
11.30 -12.30			
<b>28/01/2026, Wednesday</b>			
9.30 – 10.30	Lecture (T)	Muscles of Hand	Dr. RAB
10.30-11.30		Vessels of Hand	Dr. TBH
11.30 -12.30		Radial Nerve	Dr.SSD
<b>30/01/2026, Friday</b>			
9.30 – 10.30	Lecture (T)	Nerves of Hand	Dr. EAS
10.30-11.30		Spaces of Hand	Dr. TBH
11.30 -12.30		Applied Anatomy of Supex	Dr.RAB

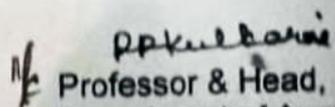
*MAM Bahendrakar*  
 18/12/2025  
 for Prof & HOD  
 Dept. of Anatomy,  
 LTMMC & GH,  
 Sion, Mumbai -22.  
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**L.T.M.M.C. SION**  
**MUMBAI - 400 022.**

DEPARTMENT OF ANATOMY, LTMMC, Sion.

O.T./P.T. – (2025-2026 Batch) – LOWER LIMB  
Lecture Schedule

Date	Time		Topic	Teacher
02.02.2026 Monday	9.30 – 10.30	Lecture	Hip Bone	Dr. EAS
	10.30-11.30	Lecture	Anterior compartment of thigh Femoral triangle	Dr. RAB
	11.30 – 12.30	<b>Practical</b>	soft parts-muscles of anterior Compartment of Thigh, femoral triangle	Dr. TBH
04.02.2026 Wednesday	9.30 – 10.30	Lecture	Medial compartment of thigh	Dr. HO1
	10.30-11.30	Lecture	Adductor canal	Dr. HO2
	11.30-12.30	<b>Practical</b>	soft parts- Medial compartment of thigh Adductor canal	Dr. HO/ Dr. EAS
06.02.2026 Friday	9.30 – 10.15	Lecture	Femur	Dr. HO/ Dr. TBH
	0.15-11.00	lecture	Gluteal region	Dr. SSD
	11.00-11.45	<b>Practical</b>	soft parts – Gluteal region, Femur	Dr. EAS
09.02.2026 Monday	9.30 – 10.30	Lecture	Hip joint	Dr. TBH
	10.30-11.30	Lecture	Back of thigh, sciatic Nerve	Dr. RAB
	11.30-12.30	Lecture	Popliteal fossa	Dr. HO 1
11.02.2026 Wednesday	9.30-10.30	Lecture	Anterior compartment of leg	Dr. EAS
	10.30-11.30	<b>Practical</b>	Hip bone, Femur	Dr. HO 2
	11.30-12.30	<b>Practical</b>	soft part Back of thigh, sciatic nerve, popliteal fossa	Dr. HO 1
13.02.2026 Friday	9.30-10.30	Lecture	Posterior compartment of leg	Dr. TBH
	10.30-11.30	Lecture	lateral compartment of leg	Dr. HO/ Dr. RAB
	11.30-12.30	<b>Practical –</b>	Soft parts revision- Anterior, Posterior & lateral compartment of leg	Dr. HO 1
16.02.2026 Monday	9.30-10.30	<b>Practical</b>	Tibia, Patella	Dr. HO2
	10:30 - 11:30	<b>Practical</b>	Fibula	Dr. HO/ Dr.EAS
	11.30-12-30	Lecture	Knee joint	Dr. RAB

18.02.2026 Wednesday	9.30-10.30	Lecture	Ankle joint, Dorsum and sole of foot muscles, nerves	Dr.EAS
	10.30-11.30	Lecture	Eversion & Inversion Movements, Articulated foot	Dr.TBH
	11.30-12.30	Lecture	Arches of foot	Dr.RAB
20.02.2026 Friday	9.30-10.30	Lecture	Great Saphenous vein	Dr.EAS
	10.30-11.30	Lecture	Venous drainage of lower limb	Dr. RAB
	11.30-12.30	Practical	Soft parts revision- Sole	Dr. HO1
23.02.2026 Monday	9.30-10.30	Lecture	Applied anatomy lower limb	Dr. TBH
	10.30-11.30	Lecture	Walking cycle & gait	Dr. RAB
	11.30-12.30	Practical	Hard parts revision	Dr. HO1
25.02.2026 Wednesday	9.30-10.30	Lecture	Radiology, Living Anatomy-Inferior extremity	Dr. HO2
	10.30-11.30	Lecture	Epithelium	Dr. EAS
	11.30-12.30	Lecture	Skin (special senses)	Dr. RAB
27.02.2026 Friday	9.30-10.30	Practical	Revision of Hard Parts	HO1
	10.30-11.30	Practical	Revision of Soft Parts	HO2
	11.30-12.30	Practical	Revision of Radiology and Living Anatomy	Dr. EAS

  
 Professor & Head,  
 Department of Anatomy,  
 L.T.M.M.C., Sion.