

DEPARTMENT OF PHYSIOTHERAPY
L.T.M.M. COLLEGE & L.T.M.G. HOSPITAL, SION, MUMBAI – 22
THIRD BPTTh. (2012)2025-2026
(Summer appearing batch)
Academic Calendar

Sr.No.	Time frame	Academic activities	Others
1.	July 2025	Orientation program held Clinical postings Regular lecture and practical	
2.	August 2025	Regular lecture and practical Clinical postings	
3.	September 2025	Regular lecture and practical Clinical postings	
4.	October 2025	Regular lecture and practical Clinical postings 12/10/25 – 26/10/25 MUHS vacation	
5.	November 2025	Regular lecture and practical Clinical postings	
6.	December 2025	Regular lecture and practical Clinical postings	ICF seminar Anti ragging form Submission
7.	January 2026	Regular lecture and practical Clinical postings	
8.	February 2026	Regular lecture and practical Clinical postings Terminal theory and practical examination	
9.	March 2026	Regular lecture and practical Clinical postings	
10.	April 2026	Regular lecture and practical Clinical postings Preliminary theory and practical examination	
11.	May 2026	Clinical postings 17/5/26 – 31/5/26 MUHS vacation	
12.	June 2026	Clinical postings Internal assessment MUHS University Examination	

Pratibha Anil Gaikwad
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Third BPTth (2012) 2025-2026 (Winter appearing batch)

Academic Calendar

Sr. No.	Time Frame	Academic Activities	Others
1.	February 2026	Orientation programme held Clinical Postings	
2.	March 2026	Regular Lecture and Practical Schedules	ICF seminar
3	April 2026	Clinical Postings Regular Lecture and Practical Schedules	Anti Ragging form Submission
4	May 2026	Clinical Postings Regular Lecture and Practical Schedules 17/05/2026 to 31/05/2026 - MUHS Summer Vacation for 15 Days	
5	June 2026	Clinical Postings Regular Lecture and Practical Schedules	
6	July 2026	Clinical Postings Regular Lecture and Practical Schedules	
7	August 2026	Terminal Theory And Practical Exams Regular Lecture and Practical Schedules	
8	September 2026	Clinical Posting Regular Lecture and Practical Schedules	

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9	October 2026	Clinical Posting Regular Lecture and Practical Schedules	
10	November 2026	Clinical Posting Regular Lecture and Practical Schedules Prelim Theory and Practical Exams	
11	December 2026	Clinical Postings Internal Assessment MUHS Exam for 3 rd BPTb	

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FDPS

Practical – term 1

Sr. No.	Topic	Teacher's Name
1.	Strength duration curve	Dr. Vishakha Patil
2.	Faradic and galvanic testing	Dr. Vishakha Patil
3.	Proprioceptive neuromuscular facilitation	Dr. Esther Katarnawre
4.	Neural tissue tension test – lower limb	Dr. Sachin Etam
5.	Neural tissue tension test – upper limb	Dr. Sachin Etam
6.	Maitland - Glenohumeral, Radiocarpal, Radioulnar, Humeroulnar joint	Dr. Sachin Etam
7.	Maitland - Subtalar and Ankle joint	Dr. Sachin Etam
8.	Maitland - Acromioclavicular joint	Dr. Sachin Etam
9.	6 Minute walk test	Dr. Pratibha Gaikwad
10.	Maitland - Sternoclavicular joint	Dr. Sachin Etam

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FDPS

Practical – Term 2

Sr. No.	Topic	Teacher's Name
1.	Kaltenborn – shoulder	Dr. Vishakha Patil
2.	Kaltenborn - hip	Dr. Vishakha Patil
3.	Kaltenborn - knee	Dr. Vishakha Patil
4.	Maitland - hip	Dr. Sachin Etam
5.	Maitland - knee	Dr. Sachin Etam
6.	MET	Dr. Sachin Etam
7.	Kaltenborn - wrist and hand	Dr. Vishakha Patil
8.	Roods	Dr. Esther Katarnawre
9.	Bobath and Brunnstorm	Dr. Esther Katarnawe
10.	Kaltenborn – Elbow	Dr. Vishakha Patil
11.	Kaltenborn - Ankle	Dr. Vishakha Patil

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Department of Physiotherapy
L.T.M.M. College and L.T.M.G. Hospital, Sion, Mumbai-22
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FDPS
Theory portion- Term 1

Sr. No.	Topic	Teacher's Name
1.	ICF seminar	Dr. Vishakha Patil, Dr. Sachin Etam, Dr. Pratibha Gaikwad
2.	General Principles of Human Development and Maturation	Dr. Esther Katarnawre
3.	Electrodiagnosis - Nerve Conduction studies	Dr. Vishakha Patil
4.	Basics in neuro therapeutic skills – Roods approach - PNF	Dr. Esther Katarnawre
5.	Assessment of musculoskeletal system	Dr. Vishakha Patil, Dr. Sachin Etam
6.	Assessment of Joint with special test system	Dr. Vishakha Patil, Dr. Sachin Etam
7.	Electrodiagnosis - Electromyography, H Reflex, F Wave	Dr. Vishakha Patil
8.	Basic principles of mobilization, Skills for joints and soft tissues - Muscle Energy Technique	Dr. Sachin Etam
9.	Basic principles of mobilization, Skills for joints and soft tissues - Maitland's manual therapy	Dr. Sachin Etam
10.	Assessment of fitness and obesity	Dr. Pratibha Gaikwad

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FDPS

Theory portion – Term 2

Sr. No.	Topic	Teacher's Name
1.	Kaltemborn manual therapy concept	Dr. Vishakha Patil
2.	Basics in Neuro therapeutic skills - Bobath and Brunnstorm	Dr. Esther Katarnawre
3.	Assessment of Cardiovascular and Pulmonary System ECG Normal and Abnormal	Dr. Pratibha Gaikwad
4.	Assessment of pain	Dr. Vishakha Patil
5.	Basic principles of mobilization, Skills for joints and soft tissues - Mulligan manual therapy concept	Dr. Sachin Etam
6.	Basic principles of mobilization, Skills for joints and soft tissues-Myofascial Release Technique	Dr. Sachin Etam
7.	Basic principles of mobilization, Skills for joints and soft tissues-McKenzie's Manual Therapy Concept	Dr. Esther Katarnawre

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